

LASER B1+, U12, Key to the exercises.

105/2:

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- 1 from Wednesday to Saturday, 1–2pm
  - 2 on weekdays, 10–11am
  - 3 from 7am–7pm, seven days a week
  - 4 on the first Saturday of every month
  - 5 on Friday at 12pm
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105/3:

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- 1 D
  - 2, 3, 4 A / B / D (in any order)
  - 5, 6 B / C (in any order)
  - 7 E
  - 8 A
  - 9, 10 A / C (in any order)
- 

105/4:

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- |            |                    |
|------------|--------------------|
| 1 in shape | 4 aerobics classes |
| 2 work out | 5 muscles          |
| 3 trainer  | 6 body building    |
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106/1:

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- 1 T: *'Racket sports are so popular that the courts...'*
  - 2 F: *enough* comes after an adjective or adverb: *'It's big enough to keep...'*

- 3 F: *such* is followed by *a/an* + adjective + singular noun, adjective + plural noun or *a lot of* + noun and then *that*: *'Dance classes are such a great way to exercise that...'*
- 4 T: *'It's never too late to start!'*

106/2:

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- |          |        |          |
|----------|--------|----------|
| 1 so     | 3 such | 5 enough |
| 2 enough | 4 too  | 6 so     |
- 

106/3:

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- 1 Fried food is so unhealthy that it can lead to a heart attack.
  - 2 Some people take such a lot of pills that it must be bad for them.
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- 3 My grandma isn't well enough to leave the house.
  - 4 There are so many people in Africa who have AIDS.
  - 5 I'm too clumsy to be a surgeon.
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107/1:

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- 1 symptom
  - 2 GP (pronounced: 'jee-pee', with stress on the second syllable)
  - 3 surgery
  - 4 prescription
  - 5 diagnosis
  - 6 cure
  - 7 injection
  - 8 allergy
-

- 107/2:
- |                     |                      |
|---------------------|----------------------|
| make an appointment | do your homework     |
| make a complaint    | make the bed         |
| do some exercise    | make friends         |
| do the housework    | make a mistake       |
| make a noise        | make sure            |
| make up your mind   | do well at something |
| do your best        | make a decision      |
| make a fuss         | make an effort       |
| make a mess         | do you good          |
| make a phone call   | make money           |
| do the washing-up   | do the shopping      |
| make a suggestion   | make a meal          |

107/4:

- |            |             |
|------------|-------------|
| 1 get over | 3 unhealthy |
| 2 headache | 4 recover   |

108/1:

- 1 F 'It's just to get healthy, really. I've been feeling a bit down recently, so I thought I'd try to get a bit fitter.'
- 2 T 'The first thing is that you can eat whatever you want.'

- 3 T 'The idea is that you have to have a balanced diet, you know, with a bit of everything in it, even fast food.'
- 4 F 'When you eat something from each group, that's one point, and you have to count your points each day. You have to have two points from each group.'

108/2:

- 1 B '... I just felt like I didn't have any energy.'
- 2 A 'The first thing you have to do is learn a lot about how healthy different kinds of food are and why.'
- 3 B 'The idea is that you have to have a balanced diet, you know, with a bit of everything in it.'

- 4 C 'Dairy products. You know, eggs ...'
- 5 B '... there are five basic kinds of food.' 'You have to have two points from each group, apart from the 'Enjoyment' group, where you can have one point.'

108/soundbite:

- 1 car fat father can't
- 2 word sword court bored
- 3 boot look too shoot

108/1speaking:

Yes, we are. To begin with, we have a better diet. For example, people today eat more fruit and vegetables. Of course, we also eat more fast-food, but generally our diet is better. Secondly, doctors can cure more illnesses, so we live longer. Yes, we're definitely healthier today.

109/1:

- 2 I went on a strict diet in order to lose some weight. / In order to lose some weight, I went on a strict diet.
- 3 My mum takes vitamin tablets in order not to get ill. / In order not to get ill, my mum takes vitamin tablets.

- 4 Many people take up sports so as to keep fit. / So as to keep fit, many people take up sports.
- 5 I try to eat lots of fruit in order to stay healthy. / In order to stay healthy, I try to eat lots of fruit.
- 6 I wore a warm coat and a scarf in order not to catch a cold. / In order not to catch a cold, I wore a warm coat and a scarf.

109/2:

- |           |                |
|-----------|----------------|
| 1 approve | 5 congratulate |
| 2 capable | 6 succeed      |
| 3 manage  | 7 afraid       |
| 4 prevent | 8 objected     |

109/4:

- |              |         |
|--------------|---------|
| 1 A          | 6 ON    |
| 2 WHETHER/IF | 7 SO    |
| 3 TO         | 8 INTO  |
| 4 ORDER      | 9 WHICH |
| 5 OF         | 10 FROM |

110/1:

- |     |     |     |     |
|-----|-----|-----|-----|
| 1 f | 3 c | 5 g | 7 h |
| 2 e | 4 a | 6 b | 8 d |

110/2:

The manager of a local tourist office is going to read the report.

110/3:

**To: My manager**  
**From: Me**  
**Subject: What you asked me to do**

**Introduction**

As requested, I have done some research into health facilities in this area. There is a hospital, an eye clinic and a large number of doctors' surgeries. This is very good for such a small town.

**Westford hospital**

Westford hospital is modern, with beds for about 1,000 patients. They deal with illnesses and accidents, although people who are seriously ill are moved to Pentonfield, 20 miles away. Tourists are treated at the hospital for free.

**Westford Eye Clinic**

Westford has very good facilities for eye problems. The eye clinic takes patients from all over the world and the doctors and surgeons are very highly trained. It is unlikely that tourists would need the eye clinic.

**Doctors' surgeries**

There are about thirty GPs' surgeries in Westford. They deal with minor illnesses and accidents. Most of them charge for treating people who are not local residents.

**Conclusion**

In conclusion, it is clear that Westford has excellent medical facilities for a small town. Tourists are welcome at the hospital and eye clinic, although they may have to pay to see a local GP.

110/4:

**To: Elizabeth Watson**  
**From: Sharon Gilmore**  
**Subject: Health facilities in the area / Health facilities in the area for tourists**

110/5:

- 1 F: The language is generally formal. For example: *As requested*
- 2 T
- 3 T: Each piece of information is dealt with separately under a different heading.

V12/4

111/6:

the manager of the sports shop

111/7:

- 1 **To:** Mr [name of manager]
- From:** [student's first and second names]
- Subject:** Gym facilities in our area /  
Recommendations on gym facilities in our area,  
etc

Look back:

- 1 work out
- 2 a bad thing
- 3 a prescription
- 4 do a suggestion
- 5 on